



FRESH

FROM THE

GRILL



**FIRING UP
THE FEEL
GOOD SINCE**

'74

AT BEEFEATER, WE ARE ALL ABOUT THE THRILL OF THE GRILL

**HIGHEST
QUALITY
INGREDIENTS**

**WORLD-INSPIRED
SEASONING AND
FLAVOURS
TRIED AND TASTED BY YOU**

**Mouthwatering
30-DAY-AGED
STEAKS**

DISCOVER OUR SEAFOOD, STEAK & PLANT-BASED GRILL GREATS

DAYTIME MENU

GREAT VALUE FAVOURITES

2 courses 9.95 • 3 courses 11.95

Mon-Fri 12-5pm

TAKE HOME A TASTE OF THE GRILL

Try our fiery and fruity
'74 HOT sauce and our rich
& tangy '74 BBQ sauce!

JUST 2.99

SUNDAY LUNCH

Succulent roasts with all
the trimmings and unlimited
roasties, Yorkshires & gravy

Sundays from 12pm

Enjoy our complimentary beef-seasoned Popcorn (39 kcal) while browsing the menu - if you haven't got it already, just ask!

GET STARTED TOGETHER

Why not mix things up and share our delicious starters between you? Buy 3 for 13.99 or 4 for 16.99.

Buttermilk Chicken Goujons 6.29

Served with your choice of '74 BBQ^s (402 kcal) or '74 HOT Sauce (386 kcal)

Cheesy Grilled Mushrooms 5.29

Served on ciabatta and finished with rocket and shaved Parmesan (494 kcal)

Classic Prawn Cocktail** 6.29

Served with brown bloomer (453 kcal)

Signature Double Crunch

Chicken Wings 5.49

Our signature double crunch wings, coated in-house with our unique blend of seasonings and drizzled with your choice of our '74 BBQ^s (463 kcal), '74 HOT (442 kcal) or blue cheese sauce (565 kcal)

Salt & Pepper Calamari† 6.49

With fresh chilli and garlic mayonnaise (536 kcal)

Chicken Wings 4.99

Served with '74 BBQ^s (306 kcal), '74 HOT sauce (285 kcal) or blue cheese sauce (407 kcal)

Cauli Popcorn 5.49

Cauliflower florets in a light & crispy batter, served with '74 BBQ^s (281 kcal) or '74 HOT sauce (266 kcal)

Cheesy Potato Dippers 5.49

Topped with cheese & spring onion. Served with a choice of reduced fat soured cream (473 kcal), our '74 BBQ^s (469 kcal) or '74 HOT sauce (453 kcal)

↑ Add oak-smoked bacon 0.50 (63 kcal)

Stonebaked Garlic Flatbread 4.69 (371 kcal)

↑ Make it cheesy for no extra cost, just ask!  (65 kcal)

OUR STAR SHARERS

Can't decide on a starter combo? These sharers are always a great choice.

Signature Sharing Platter^{s†} 13.99

Half a rack of pork ribs with '74 BBQ^s sauce, chicken wings, calamari, potato wedges, tortilla crisps and house slaw. Served with '74 BBQ^s sauce and reduced fat soured cream (Serves 2, 1,331 kcal whole dish, 665 kcal per serve)

↑ Fancy a Full Rack? Upgrade 4.99 (335 kcal)

Nachos 6.99

With melted cheese, fresh chilli, spring onion and coriander. Served with guacamole, fresh red pepper & tomato salsa and reduced fat soured cream (Serves 2, 857 kcal whole dish, 428 kcal per serve)

↑ Add Pulled Beef 2.00 (114 kcal)

↑ Add Sloppy Joe Chilli  1.00 (123 kcal)

Adults need around 2,000 kcal a day

CHOOSE 3
STARTERS FOR
13.99

SALT & PEPPER CALAMARI

STONEBAKED
GARLIC FLATBREAD

BUTTERMILK
CHICKEN GOUJONS

SIGNATURE DOUBLE CRUNCH
CHICKEN WINGS

BRING *on the* BURGERS

Choose one of ours or build your own. All hand-crafted and bursting with flavour.
All of our burgers are served in a brioche bun unless stated otherwise with skinny fries and house slaw.

The B Dawg^s 13.69

Premium hot-link style sausage in a soft brioche roll, topped with salsa, American mustard and ketchup. Served with skinny fries, Grill Master beans, seasoned corn and house slaw (1,249kcal)

↑ Add Pulled Beef Barbacoa 2.00 (114 kcal)

The House Stack^s 13.69

Two signature beef burgers layered with Cheddar, oak-smoked bacon, burger sauce, '74 BBQ sauce^s, lettuce, tomatoes and red onion. Served with '74 BBQ sauce^s (1,409 kcal)

The Hallo-Me 13.69

Grilled halloumi, chargrilled flat mushroom and roasted red peppers layered with onion confit, mayo, lettuce, tomatoes and red onion. Served with '74 BBQ sauce^s (995 kcal)

↑ Add THIS™ Isn't Bacon   0.99 (58 kcal)

↑ Add our Guacamole  0.99 (87 kcal)

The Sloppy Joe 13.69

GARDEN GOURMET® Sensational™ burger layered with Violife cheezy slice, Sloppy Joe chilli and burger sauce, plus lettuce, tomatoes and red onion. Served in a brioche-style bun, with skinny fries, vegan slaw and '74 BBQ sauce^s (1,070 kcal)

↑ Add THIS™ Isn't Bacon   0.99 (58 kcal)

NEW Surf & Turf Burger** 14.99

Our signature beef burger topped with chargrilled jumbo king prawns in spicy mayo, salsa and crisp lettuce. Served with spicy mayo (1,038 kcal)

GRILLMASTER'S FAVOURITE

NEW Grilled Prawn Burger** 16.99

Jumbo king prawns in spicy mayo, with tomato and red pepper salsa and crisp lettuce. Served with spicy mayo (869 kcal)

FIND *your* FLAVOUR

Build your ultimate burger. We'll get you started with a brioche bun with burger sauce, lettuce, tomatoes and red onion - then the rest is up to you. All served with skinny fries and house slaw 9.99 (680 kcal)

1 CHOOSE YOUR BASE

Signature Burger Patty
(223 kcal)

Grilled 4oz* Rump Steak
(150 kcal)

Grilled Chicken Breast
(155 kcal)

Grilled 5oz* Gammon Steak
(198 kcal)

Double up your base for 3.00

2 ADD A SAUCE

Burger Sauce   (88 kcal)

Tomato Ketchup   (16 kcal)

'74 BBQ Sauce^s   (32 kcal)

'74 HOT Sauce   (17 kcal)

'74 Pickle Relish   (26 kcal)

Spicy Mayo  (60 kcal)

3 PIMP IT UP

Cheese Slice  0.49
(83 kcal)

Guacamole  0.99
(87 kcal)

Halloumi  2.00
(176 kcal)

Streaky Bacon 0.99
(31 kcal)

Fried Egg  0.79
(108 kcal)

Pulled Beef Barbacoa 2.00
(114 kcal)

Grilled Pineapple  0.79
(65 kcal)

Jumbo King Prawns** 3.99
(81 kcal)





MUCH LOVED CLASSICS

Beer-Battered Haddock & Chips**[§] 13.29

Served with triple-cooked chips, tartare sauce and mushy peas (1,012 kcal) or garden peas (974 kcal)

Award-Winning Beef & Ale Pie[§] 12.99

Tender British beef slow-cooked in a rich ale gravy, encased in flaky pastry. Served with a buttery horseradish mash, garden peas and a jug of gravy (1,123 kcal)



Beef Lasagne 12.79

Beef ragu layered with egg pasta and mature Cheddar cheese sauce. Served with garlic flatbread and either triple-cooked chips (1,114 kcal) or chopped salad (791 kcal)

Spinach & Ricotta Cannelloni 11.49

Baked in a creamy tomato and basil sauce, topped with melted cheese. Served with garlic flatbread and either triple-cooked chips (1,301 kcal) or chopped salad (978 kcal)

Beefeater Cobb Salad 9.99

Crisp cos lettuce, red peppers, cucumber, cherry tomatoes, crunchy slaw, avocado, sweetcorn and French dressing (341 kcal)

↑ Grilled Chicken 3.00 (155 kcal)

↑ Grilled Salmon** 4.00 (325 kcal)

↑ Grilled 4oz* Rump 3.00 (150 kcal)

↑ Grilled Halloumi  3.00 (352 kcal)

Adults need around 2,000 kcal a day

SOMETHING ON THE SIDE?

Beer-Battered Onion Rings[§]
3.59 (280 kcal)

Halloumi Fries 4.49
(527 kcal)

Sweet Potato Fries   3.99
(308 kcal)

Chopped Salad   3.49
Crisp cos lettuce, red peppers, cucumber, cherry tomatoes, crunchy slaw, sweetcorn and French dressing (72 kcal)

Skinny Fries   3.29 (293 kcal)

Triple-Cooked Chips   3.29
(395 kcal)

NEW Jacket Potato   3.29
(401 kcal)

Loaded Cheesy Fries  3.99
Skinny fries seasoned in our '74 BBQ rub, topped with gooey cheese, burger sauce and tomato & red pepper salsa (482 kcal)

↑ Add Pulled Beef Barbacoa 2.00,
(114 kcal)

Mac & Cheese  3.49
(403 kcal)

Loaded Vegan Fries   3.99

Skinny fries seasoned in our '74 BBQ rub, topped with burger sauce and tomato & red pepper salsa (397 kcal)

↑ Add Sloppy Joe Chilli   1.00
(123 kcal)

Mini Corn on the Cobs   2.99

Chargrilled bites of corn seasoned with our '74 BBQ rub (81 kcal)

Grill Master Beans[§]   2.99

Smoky BBQ pit beans (153 kcal)

Chargrilled Veggies   2.99

Flat mushroom, red onion, Tenderstem[®] broccoli, red pepper, spring onion and roasted tomato (160 kcal)

Seasoned Veggie Rice   2.99

With peppers, cauliflower and sweetcorn with a hint of chilli (220 kcal)

House Slaw  1.99
(183 kcal)

Vegan Slaw   1.99
(188 kcal)

THRILL OF THE GRILL

Mixed Grill 18.49

4oz* rump steak, chicken breast, gammon and pork sausages, served with roasted tomato, mushroom, fried egg, onion rings^s and triple-cooked chips (1,393 kcal)

↑ 8oz* Rump Steak 3.99 (1,543 kcal)

↑ 8oz* Sirloin Steak 5.49 (1,556 kcal)

GRILLMASTER'S FAVOURITE

Mixed Vegetable Grill Combo ✓ 15.99

Seasoned corn, flat mushroom, red peppers, red onions and halloumi with roasted tomato. Served with skinny fries, Grill Master beans, mac & cheese, house slaw and '74 BBQ^s sauce (1,502 kcal)

↑ Swap Fries for Seasoned Veggie Rice ✓ for 0.99 (1,429 kcal)

NEW Plant-Based Combo ✓ ✓ 15.99

Meatless Farm[®] Plant-Based Chicken Breast, GARDEN GOURMET[®] Sensational[™] vegan sausage, seasoned corn, flat mushroom, red peppers, red onions and roasted tomato. Served with skinny fries, Grill Master beans, vegan slaw and '74 BBQ^s sauce (993 kcal)

↑ Swap Fries for Seasoned Veggie Rice ✓ 0.99 (921 kcal)

GRILLMASTER'S FAVOURITE

The Flame Grill Combo 19.99

Half a rack of ribs glazed in our '74 BBQ^s sauce, chargrilled chicken breast, hot-link style sausage, grilled chicken wings, pulled beef mac & cheese and seasoned corn. Served with skinny fries and house slaw (1,977 kcal)

↑ Fancy a Full Rack?

Upgrade for 4.99 (335 kcal)

Chargrilled King Prawns** 15.79

With garlic & parsley, served with skinny fries, dressed rocket and garlic mayo (732 kcal)

↑ Swap Fries for Seasoned

Veggie Rice 0.99 (659 kcal)

↑ Add Grilled Vegetables 2.99 (160 kcal)

Chargrilled Fillet Of Salmon** 16.49

With garlic & parsley, served with skinny fries, dressed rocket and garlic mayo (895 kcal)

↑ Swap Fries for Seasoned

Veggie Rice 0.99 (822 kcal)

↑ Add Grilled Vegetables 2.99 (160 kcal)

Smothered Chicken Melt 13.99

Chargrilled chicken breast glazed in our '74 BBQ^s sauce topped with oak-smoked streaky bacon and melted cheese, served with triple-cooked chips & house slaw (858 kcal)

Chargrilled 1/2 Chicken 13.99

Glazed with your choice of either '74 BBQ^s or '74 HOT sauce, served with skinny fries, house slaw, Grill Master beans and seasoned corn ('74 BBQ 1,114 kcal), ('74 HOT sauce 1,099 kcal)

Chargrilled 10oz* Gammon Steak 12.99

Served with fried egg, pineapple ring, triple-cooked chips and peas (1,075 kcal)

NEW RECIPE Rack of Pork Ribs^s 17.99

Full rack of lip-smacking, slow-cooked & chargrilled pork ribs glazed in '74 BBQ sauce^s. Served with skinny fries and house slaw (1,078 kcal)

NEW RECIPE Chick & Pork Ribs 15.99

Half rack of lip-smacking pork ribs glazed with '74 BBQ sauce^s and chargrilled chicken breast. Served with skinny fries, house slaw and seasoned corn (920 kcal)

↑ Fancy a Full Rack? Upgrade 4.99 (335 kcal)

Adults need around 2,000 kcal a day



MIXED VEGETABLE GRILL COMBO

STEAK

YOUR WAY

Our 30-day-aged British & Irish steaks are served with half a roasted tomato, grilled mushroom, rocket and triple-cooked chips.

Fancy a Signature '74 BBQ^s (32 kcal) or HOT Sauce glaze? (17 kcal) Just ask, it's free!

Premium T-Bone 24.99

The best of both worlds with succulent sirloin and tender fillet topped with garlic & parsley butter. Served with grilled flat mushrooms, roasted tomato, onion rings^s and triple-cooked chips (1,638 kcal)

Surf & Turf Combo*** 20.49

8oz* sirloin steak with calamari and jumbo king prawns drizzled in garlic & parsley. Served with triple-cooked chips and garlic mayo (1,232 kcal)

GRILLMASTER'S FAVOURITE

NEW Steak Sampler 22.99

For those that want it all, succulent 4oz* sirloin, tender 4oz* fillet and flavoursome 4oz* rump steak. Served with peppercorn sauce, grilled flat mushroom, roasted tomato, onion rings^s and triple-cooked chips (1,136 kcal)

GET SAUCY

Peppercorn 1.99 (29 kcal)

Béarnaise  1.99 (163 kcal)

Blue Cheese  1.99 (108 kcal)

TOP IT UP

Fried Egg  0.79 (108 kcal)

Jumbo Garlic Prawns** 3.99 (177 kcal)

Pulled Beef Barbacoa 2.99 (114 kcal)

10oz* Ribeye 19.49

The strong marbling makes this steak full of flavour (966 kcal)

8oz* Sirloin 15.99

A great all-rounder, for succulent texture and taste (781 kcal)

8oz* Fillet 20.99

The most lean and tender of all the steaks (804 kcal)

8oz* Rump 14.69

A flavoursome steak with a firm texture (768 kcal)



STEAK SAMPLER

SOMETHING ON THE SIDE?

Mini Corn on the Cobs 2.99

Chargrilled bites of corn seasoned with our '74 BBQ rub (81 kcal)

Chopped Salad 3.49

Cos lettuce, red peppers, cucumber, cherry tomatoes, crunchy slaw, sweetcorn and French dressing (72 kcal)

Beer-Battered Onion Rings^s 3.59 (280 kcal)

Grill Master Beans^s 2.99

Smoky BBQ pit beans (153 kcal)

Mac & Cheese 3.49 (403 kcal)

Chargrilled Vegetables 2.99

Flat mushroom, red onion, Tenderstem[®] broccoli, red pepper, spring onion and a slow-roasted tomato (160 kcal)

Seasoned Veggie Rice 2.99

With peppers, cauliflower, sweetcorn and a hint of chilli (220 kcal)

SOMETHING SWEET

NEW Apple Pie ✓ 5.99

Served with either custard (420 kcal) or dairy vanilla ice cream (387 kcal)

Want to make it vegan, just ask! (399 kcal)

Sticky Toffee Pudding ✓ 5.99

Light sponge topped with a rich sticky toffee sauce. Served with custard (753 kcal) or vanilla ice cream (720 kcal)

Triple Chocolate Brownie ✓ 5.99

Triple chocolate brownie with chunks of white, milk and Belgian dark chocolate. Served with chocolate sauce and vanilla ice cream (618 kcal)

Baked New York Style Cheesecake ✓ 5.79

Served with vanilla ice cream (490 kcal)

Waffles & Ice Cream* ✓ 5.29

Toasted Belgian waffles with a dark cherry compote, vanilla ice cream and crumbled chocolate flake (792 kcal)

Mini Sundae ✓ 4.99

Warm chocolate brownie, chocolate sauce and vanilla ice cream finished with crumbled chocolate flake and a fan wafer (418 kcal)

Vanilla Ice Cream & Berries* ✓ 5.79

Vanilla ice cream topped with loads of juicy berries (224 kcal)

Go vegan with our vegan ice cream, just ask! (258 kcal)

NEW Key Lime Pie 6.49

Crunchy biscuit base topped with a zingy lime filling, whipped cream and lime zest (577 kcal)

Chocolate Layer Torte ✓ ✓ 5.99

Decadent chocolate mousse on a chocolate sponge base, topped with freeze-dried raspberries and raspberry sauce (293 kcal)

↑ Add a scoop of vanilla-seeded vegan ice cream ✓ ✓ 1.00 (79 kcal)

Cookie Dough & Ice Cream ✓ 5.99

Belgian chocolate chunk cookie dough, cooked to order, topped with vanilla ice cream and crumble, drizzled with chocolate sauce (784 kcal)

NEW Hot Drink & Mini Triple Chocolate Brownie ✓ 5.99

Mini triple chocolate brownie with your choice of hot drink (261 kcal)
(calories stated do not include hot drink)

NEW Churros with KitKat® ✓ 6.49

Warm churros coated in cinnamon sugar, served with KitKat® spread and KitKat® crumb for dunking (525 kcal)

FINISH WITH A TIPPLE

TRY OUR NEW

Beefeater Signature Negroni (1.7 units)

or

After Eight™ Hot Chocolate (357 kcal)

Adults need around 2,000 kcal a day

Banoffee Waffle Sundae ✓ 5.99

Vanilla ice cream layered with a caramel sauce, freshly sliced banana and warm waffles topped with a whip of cream and chocolate shavings (899 kcal)

Chocolate Churros Sundae ✓ 6.29

Vanilla ice cream layered with warm chocolate brownie and chocolate sauce. Topped with a whip of cream and warm cinnamon sugar churros (749 kcal)

Peanut Butter Banana Sundae ✓ ✓ 6.99

Vanilla-seeded vegan ice cream layered with creamy peanut butter and a chocolate sauce. Topped with bananas and warm cinnamon sugar churros (875 kcal)

CHOCOLATE
CHURROS SUNDAE

PEANUT BUTTER
BANANA SUNDAE



BANOFFEE
WAFFLE SUNDAE

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, please ask for more information. Ingredients can occasionally be substituted or changed at short notice, so please review the allergy information on the website at the time of your visit and ask your server when you arrive. ✓ Suitable for vegetarians. ✓ Suitable for vegans. *Approximate weight uncooked. **May contain small bones or shell. *May contain traces of alcohol. *May contain rings & tentacles. *May contain fruit stones. Fish, meat and poultry dishes may contain bones. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. GARDEN GOURMET® is a registered trademark used in agreement with the trademark owner. KitKat® is a registered trademark of Société des Produits Nestlé S.A. After Eight™ is a registered trademark of Société des Produits Nestlé S.A. Terms & conditions: Images are for illustrative purposes only and finished steak presentation (including grill lines) may vary. This menu is available for a limited time only and is subject to availability. We may occasionally sell out of some of the more popular dishes. If we do, we'll do our very best to offer you the nearest alternative. Prices are inclusive of VAT. We hope we served you up a great experience today. If you choose to leave a gratuity to thank your server, we want you to know that this goes straight to the person serving you today, in full. If you have any comments or suggestions, our staff will be more than happy to receive them. Alternatively, you are welcome to write to us at: Whitbread Group PLC, PO Box 777, Dunstable, Beds. LU5 5XE. Telephone: 0333 234 1452 or visit www.beefeater.co.uk/contact-us.html



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www.msc.org MSC-C-55716